

2009

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# Training Manual

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## BAND OF SISTERS

WOMEN'S DISCIPLESHIP MINISTRY  
of Lighthouse Alliance Church



*"Rather train yourselves for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come."*

-1 Timothy 4:7b-8

*"No soldier gets entangled in civilian pursuits, since his aim is to please the one who enlisted him."*

-2 Timothy 2:4

“Hens have more teeth than the average  
church has laborers.”

-Ray Comfort

*That's about to change!*

## The Mission:

To unite women of God in disciplined pursuit of Jesus.

The secular world constantly bombards us with ideals of what a woman is. The attacks literally come from everywhere - movies, TV, music, magazines, packaging of the items we buy, etc. Through these various vehicles, we are told how a woman should look and act like. These ideals are imposed on us mostly for the purpose of satisfying men's palate for lust. When we fall victim to the secular view of ourselves, it results in our idolizing, coveting and/or being jealous of someone or something. Jealousy can cause us to hate, gossip or bear false witness. Coveting and idolizing draws our heart away from God and places it in things, people or even our own image. We need to reprogram our minds to view ourselves and others the way God does instead of the way this world, which is fading away, does. When we do, we will draw closer to God, His righteousness and each other. So how do we do that? Through militant discipline. When people enlist in the military, two prominent things happen. They are stripped of their worldly possessions and strangers become closer than family. We in likeness need to strip ourselves of worldly views and form deep spiritual bonds. We are too caught up in our flesh and we are not fighting a physical battle with the enemy but a spiritual one.



## The Battle Plan:

Becoming a part of the BAND OF SISTERS involves a 1-year "enlistment." You will partner yourself with one other sister as well as being a part of the entire BAND OF SISTERS.

*Here are the expectations for that first year:*

1. Read through the entire Bible from Genesis to Revelation (at least 4 chapters a day). In the second year, that will increase to reading through the Bible 2x – once every six months. In the third year, the challenge will increase to reading through the Bible 3x – once every four months. For each level, the commitment will be to read the Bible every day WITHOUT FAIL.  
(Colossians 3:16, Psalm 1:2-3)
2. For the first four months, commit to praying at least 30 minutes every day WITHOUT FAIL. For the next four months, commit to praying at least 45 minutes every day WITHOUT FAIL. In the final four months, commit to praying at least 60 minutes every day WITHOUT FAIL. Starting in the second year, the challenge will be to maintain praying at least one hour every day WITHOUT FAIL.  
(1 Thessalonians 5:17, Ephesians 6:18)
3. Commit to sharing the Gospel with at least one person (in person) either verbally or by handing a tract every month for the first six months. For the final six months, this will increase to at least two people every month. Starting in the second year, the challenge will be to maintain sharing with at least two people every month.  
(Mark 16:15, Acts 1:8)
4. Memorize two Bible verses every month (assigned verses will be given and all will work on same verses).  
(Psalm 119:11, Joshua 1:8)
5. Memorize the books of the Bible in order following a prescribed schedule. In the second year, you will memorize the major theme of every New Testament book according to a list that will be given to you. In the third year, you will memorize the major theme of every Old Testament book according to a list that will be given to you.  
(2 Timothy 2:15)

6. Attend worship every week, unless there is illness. If you must work or be out of town on Sunday, attend a mid-week or Sunday night service somewhere, or find a church in your vacation area.  
(Hebrews 10:25, Acts 2:46)
7. Commit to call your sister every week on either Tuesday or Wednesday – the same time on the same day as you each determine is best for your schedules. A list of questions is given below.  
(Proverbs 27:17)
8. Actively use your spiritual gifts in an “official” ministry inside or outside your local church. In the second year, the challenge will be to develop and increase your use of those gifts.  
(Ephesians 4:11-13, 1 Corinthians 12:7)
9. Attend four BAND OF SISTERS “boot camps” every year. These will be held from 8 AM – 12 PM on a Saturday. Two of the boot camps will focus on intensive times of Bible study, worship, and prayer. The other two will deal with service projects inside and outside the church.
10. Commit everyday to focusing on being pleasing in God’s sight rather than in mans view, thus breaking the strongholds this world has on us.  
(Matthew 16:26, James 4:4)

Out of appreciation for the husbands who have allowed their wives to invest so much time throughout the year in this discipleship, we will provide child care so that the men can have time out to do something for themselves.

Some of this may seem like a challenge. *Good* – that’s the point. It is too easy to lower the bar and make things as easy as possible. It is our desire to raise the bar and have high expectations (with great grace) to move forward in Christ and be the women of God we are called to be. At the end of the first year, you will have:

- read through the entire Bible from cover to cover
- spent nearly 300 hours in prayer
- shared the Gospel with at least 18 people
- memorized 24 Bible verses dealing with practical as well as theological issues
- memorized all the books of the Bible in order
- attended at least 52 church services
- had 52 heart-to-heart talks with your sister
- grown in your service to the Lord
- spent 8 hours in boot camps in God’s Word, worship and prayer and 8 hours in boot camps serving practical needs in the name of Christ
- broken the chains of sin in your life

If you see these as worthy goals, we invite you to enlist!

“Put on the whole armor of God,  
that you may be able to stand against  
the schemes of the devil.”  
Ephesians 6:11

## **Scriptures for women**

Keep this sheet out in the open by the place you get ready for the day and read it while getting ready.  
The point is to help you focus on pleasing God rather than man/world.

### **1 Timothy 2:9**

9 likewise also that women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire, 10 but with what is proper for women who profess godliness - with good works.

### **1 Peter 3:4**

4 but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God's sight is very precious.

### **Titus 2:3-5**

3 Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, 4 and so train the young women to love their husbands and children, 5 to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.

### **Proverbs 31:10-31**

#### **The Woman Who Fears the Lord**

- 10 An excellent wife who can find? She is far more precious than jewels.
- 11 The heart of her husband trusts in her, and he will have no lack of gain.
- 12 She does him good, and not harm, all the days of her life.
- 13 She seeks wool and flax, and works with willing hands.
- 14 She is like the ships of the merchant; she brings her food from afar.
- 15 She rises while it is yet night and provides food for her household and portions for her maidens.
- 16 She considers a field and buys it; with the fruit of her hands she plants a vineyard.
- 17 She dresses herself with strength and makes her arms strong.
- 18 She perceives that her merchandise is profitable. Her lamp does not go out at night.
- 19 She puts her hands to the distaff, and her hands hold the spindle.
- 20 She opens her hand to the poor and reaches out her hands to the needy.
- 21 She is not afraid of snow for her household, for all her household are clothed in scarlet.
- 22 She makes bed coverings for herself; her clothing is fine linen and purple.
- 23 Her husband is known in the gates when he sits among the elders of the land.
- 24 She makes linen garments and sells them; she delivers sashes to the merchant.
- 25 Strength and dignity are her clothing, and she laughs at the time to come.
- 26 She opens her mouth with wisdom, and the teaching of kindness is on her tongue.
- 27 She looks well to the ways of her household and does not eat the bread of idleness.
- 28 Her children rise up and call her blessed; her husband also, and he praises her:
- 29 "Many women have done excellently, but you surpass them all."
- 30 Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised.
- 31 Give her of the fruit of her hands, and let her works praise her in the gates.

## Weekly Check-In Call Questions

These questions are designed for simple “yes” or “no” answers. Further information can be shared for each question. Use the provided paper to write down your answers and/or thoughts (remember to date it).

1. Did you read the Bible every day this week WITHOUT FAIL? What did God say to you through your reading?
2. Did you spend the assigned amount of time in prayer every day WITHOUT FAIL? How has God been speaking to you in those times?
3. Did you, in person, somehow share the Gospel with the assigned number of people? Talk about it.
4. Are you memorizing the assigned verses? Recite them.
5. Have you memorized the assigned books of the Bible in order? Recite them.
6. Did you attend a church service this week? How did God speak to you there?
7. Did you serve using your spiritual gifts this week? How? What did you learn?
8. Have you cleared your schedule for the next Boot Camp?
9. Did you focus on God’s views of yourself rather than mans, everyday this week? How is God helping you eliminate secular views of yourself/women?
10. Did you pray for me every day this week?
11. How can I pray for you?

### Close in prayer

It is vital that these conversations remain absolutely confidential  
between the two sisters, unless otherwise agreed by both sisters.  
Breakdown in confidentiality will destroy the entire BAND OF SISTERS ministry.

Sisters will want to determine how to handle continued failure in any of these areas. We want to show grace, but we do not want to dismiss apathy in regards to discipline and growth. Perhaps if expectations for one particular area are not met for three consecutive weeks, maybe one sister has to buy coffee or dinner for the other sister. Perhaps if a sister persists in their decided sin for more than three consecutive weeks, it will be determined that the other sister will contact the offending sister’s husband or other chosen family member. Both sisters must agree to these “sanctions” in advance of the offense.

# February

(2/1) ☐ Genesis 1-3  
(2/4) ☐ Genesis 10-12

(2/2) ☐ Genesis 4-6

(2/3) ☐ Genesis 7-9

2/3-2/4 – Weekly check-in call ☐

**Memorize:** Matthew 6:33

“But seek first His kingdom and His righteousness; and all these things will be given to you as well.”

(2/5) ☐ Genesis 13-15  
(2/8) ☐ Genesis 22-24  
(2/11) ☐ Genesis 31-33

(2/6) ☐ Genesis 16-18  
(2/9) ☐ Genesis 25-27

(2/7) ☐ Genesis 19-21  
(2/10) ☐ Genesis 28-30

2/10-2/11 – Weekly check-in call ☐

(2/12) ☐ Genesis 34-36  
(2/15) ☐ Genesis 43-45  
(2/18) ☐ Exodus 1-3

(2/13) ☐ Genesis 37-39  
(2/16) ☐ Genesis 46-48

(2/14) ☐ Genesis 40-42  
(2/17) ☐ Genesis 49-50

2/17-2/18 – Weekly check-in call ☐

**Memorize:** John 14:6

“Jesus answered, ‘I am the way and the truth and the life. No one comes to the Father except through me.’”

(2/19) ☐ Exodus 4-6  
(2/22) ☐ Exodus 13-15  
(2/25) ☐ Exodus 22-24

(2/20) ☐ Exodus 7-9  
(2/23) ☐ Exodus 16-18

(2/21) ☐ Exodus 10-12  
(2/24) ☐ Exodus 19-21

2/24-2/25 – Weekly check-in call ☐

(2/26) ☐ Exodus 25-27

(2/27) ☐ Exodus 28-30

(2/28) ☐ Exodus 31-33

## Memorize the Books of the Bible in Order:

Genesis	Exodus	Leviticus
Deuteronomy	Joshua	Numbers

☐ Shared the Gospel verbally or by handing out a tract

*“...if you love the Lord,  
get a passion for souls.  
Do you not see them?  
They are going down to hell  
by the thousands.”  
- Charles Spurgeon*

## March

(3/1) ☐ Exodus 34-36

(3/2) ☐ Exodus 37-39

(3/3) ☐ Exodus 40 - Leviticus 2

(3/4) ☐ Leviticus 3-5

3/3-3/4 – Weekly check-in call ☐

**Memorize:** Mark 10:45

“For even the Son of Man came not to be served but to serve, and to give  
His life as a ransom for many.”

(3/5) ☐ Leviticus 6-8

(3/6) ☐ Leviticus 9-11

(3/7) ☐ Leviticus 12-14

(3/8) ☐ Leviticus 15-17

(3/9) ☐ Leviticus 18-20

(3/10) ☐ Leviticus 21-23

(3/11) ☐ Leviticus 24-26

3/10-3/11 – Weekly check-in call ☐

(3/12) ☐ Lev. 27 - Numbers 2

(3/13) ☐ Numbers 3-5

(3/14) ☐ Numbers 6-8

(3/15) ☐ Numbers 9-11

(3/16) ☐ Numbers 12-14

(3/17) ☐ Numbers 15-17

(3/18) ☐ Numbers 18-20

3/17-3/18 – Weekly check-in call ☐

**Memorize:** Acts 17:31

“...He has fixed a day on which He will judge the world in righteousness...”

(3/19) ☐ Numbers 21-23

(3/20) ☐ Numbers 24-26

(3/21) ☐ Numbers 27-29

(3/22) ☐ Numbers 30-32

(3/23) ☐ Numbers 33-35

(3/24) ☐ Num. 36 - Deut. 2

(3/25) ☐ Deuteronomy 3-5

3/24-3/25 – Weekly check-in call ☐

(3/26) ☐ Deuteronomy 6-8

(3/27) ☐ Deuteronomy 9-11

(3/28) ☐ Deuteronomy 12-14

(3/29) ☐ Deuteronomy 15-17

(3/30) ☐ Deuteronomy 18-20

(3/31) ☐ Deuteronomy 21-23

3/31-4/1 Weekly check-in call ☐

**Memorize the Books of the Bible in Order:**

Judges

Ruth

1 Samuel

2 Samuel

1 Kings

2 Kings

☐ Shared the Gospel verbally or by handing out a tract

*“To be a soul winner is the  
happiest thing in the world.  
And with every soul you bring to  
Jesus Christ, you seem to get a  
new heaven here on earth.”  
- Charles Spurgeon*



# April

(4/1) ☐ Deuteronomy 24-26  
(4/4) ☐ Deuteronomy 33-34  
(4/7) ☐ Joshua 7-9

(4/2) ☐ Deuteronomy 27-29  
(4/5) ☐ Joshua 1-3

(4/3) ☐ Deuteronomy 30-32  
(4/6) ☐ Joshua 4-6

4/7-4/8 – Weekly check-in call ☐

**Memorize:** Luke 5:16

“But He would withdraw to desolate places and pray”

(4/8) ☐ Joshua 10-12  
(4/11) ☐ Joshua 19-21  
(4/14) ☐ Judges 4-6

(4/9) ☐ Joshua 13-15  
(4/12) ☐ Joshua 22-24

(4/10) ☐ Joshua 16-18  
(4/13) ☐ Judges 1-3

4/14-4/15 – Weekly check-in call ☐

(4/15) ☐ Judges 7-9  
(4/18) ☐ Judges 16-18  
(4/21) ☐ 1 Samuel 1-3

(4/16) ☐ Judges 10-12  
(4/19) ☐ Judges 19-21

(4/17) ☐ Judges 13-15  
(4/20) ☐ Ruth 1-4

4/21-4/22 – Weekly check-in call ☐

**Memorize:** Romans 3:20

“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.”

(4/22) ☐ 1 Samuel 4-6  
(4/25) ☐ 1 Samuel 13-15  
(4/28) ☐ 1 Samuel 22-24

(4/23) ☐ 1 Samuel 7-9  
(4/26) ☐ 1 Samuel 16-18

(4/24) ☐ 1 Samuel 10-12  
(4/27) ☐ 1 Samuel 19-21

4/28-4/29 – Weekly check-in call ☐

(4/29) ☐ 1 Samuel 25-27

(4/30) ☐ 1 Samuel 28-30

## Memorize the Books of the Bible in Order:

1 Chronicles	2 Chronicles	Ezra
Nehemiah	Esther	

☐ Shared the Gospel verbally or by handing out a tract

*“In proportion as a church is  
holy, in that proportion will its  
testimony for Christ be powerful.”  
- Charles Spurgeon*

# May

(5/1) ☐ 1 Sam 31 - 2 Sam 2

(5/2) ☐ 2 Samuel 3-6

(5/3) ☐ 2 Samuel 7-10

(5/4) ☐ 2 Samuel 11-14

(5/5) ☐ 2 Samuel 15-18

(5/6) ☐ 2 Samuel 19-22

5/5-5/6 – Weekly check-in call ☐

**Memorize:** 1 Corinthians 9:16

“For if I preach the Gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the Gospel!”

(5/7) ☐ 2 Samuel 23 - 1 Kings 2

(5/8) ☐ 1 Kings 3-6

(5/9) ☐ 1 Kings 7-10

(5/10) ☐ 1 Kings 11-14

(5/11) ☐ 1 Kings 15-18

(5/12) ☐ 1 Kings 19-22

(5/13) ☐ 2 Kings 1-4

5/12-5/13 – Weekly check-in call ☐

(5/14) ☐ 2 Kings 5-8

(5/15) ☐ 2 Kings 9-12

(5/16) ☐ 2 Kings 13-16

(5/17) ☐ 2 Kings 17-20

(5/18) ☐ 2 Kings 21-24

(5/19) ☐ 2 Kings 25 - 1 Chron. 3

(5/20) ☐ 1 Chronicles 4-7

5/19-5/20 – Weekly check-in call ☐

**Memorize:** 2 Corinthians 5:21

“For our sake He made Him to be sin who knew no sin, so that in Him we might become the righteousness of God.”

(5/21) ☐ 1 Chronicles 8-11

(5/22) ☐ 1 Chronicles 12-15

(5/23) ☐ 1 Chronicles 16-19

(5/24) ☐ 1 Chronicles 20-23

(5/25) ☐ 1 Chronicles 24-27

(5/26) ☐ 1 Chron. 28- 2 Chron. 2

(5/27) ☐ 2 Chronicles 3-6

5/26-5/27 – Weekly check-in call ☐

(5/28) ☐ 2 Chronicles 7-10

(5/29) ☐ 2 Chronicles 11-14

(5/30) ☐ 2 Chronicles 15- 18

(5/31) ☐ 2 Chronicles 19-22

## **Memorize the Books of the Bible in Order:**

Psalms

Proverbs

Ecclesiastes

Song of Solomon

Isaiah

Jeremiah

☐ Shared the Gospel verbally or by handing out a tract

*“Your one business in life is to lead men to believe in Jesus Christ by the power of the Holy Spirit. Every other thing should be made subservient to this one objective”*  
- Charles Spurgeon

## June - begin to pray for 45 minutes each day starting this month

(6/1) ☐ 2 Chronicles 23-26

(6/2) ☐ 2 Chronicles 27-30

(6/3) ☐ 2 Chronicles 31-34

6/2-6/3 – Weekly check-in call ☐

**Memorize:** Galatians 1:10

“For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ.”

(6/4) ☐ 2 Chron. 35 - Ezra 2

(6/5) ☐ Ezra 3-6

(6/6) ☐ Ezra 7-10

(6/7) ☐ Nehemiah 1-4

(6/8) ☐ Nehemiah 5-8

(6/9) ☐ Nehemiah 9-12

(6/10) ☐ Neh. 13 - Esther 3

6/9-6/10 – Weekly check-in call ☐

(6/11) ☐ Esther 4-7

(6/12) ☐ Esther 8-10

(6/13) ☐ Job 1-4

(6/14) ☐ Job 5-8

(6/15) ☐ Job 9-12

(6/16) ☐ Job 13-16

(6/17) ☐ Job 17-20

6/16-6/17 – Weekly check-in call ☐

**Memorize:** Ephesians 2:8-9

“For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.”

(6/18) ☐ Job 21-24

(6/19) ☐ Job 25-28

(6/20) ☐ Job 29-32

(6/21) ☐ Job 33-36

(6/22) ☐ Job 37-40

(6/23) ☐ Job 41 - Psalms 3

(6/24) ☐ Psalms 4-7

6/23-6/24 – Weekly check-in call ☐

(6/25) ☐ Psalms 8-11

(6/26) ☐ Psalms 12-15

(6/27) ☐ Psalms 16-19

(6/28) ☐ Psalms 20-23

(6/29) ☐ Psalms 24-27

(6/30) ☐ Psalms 28-31

6/30-7/1 - Weekly check-in call ☐

### Memorize the Books of the Bible in Order:

Lamentations

Ezekiel

Daniel

Hosea

Joel

Amos

☐ Shared the Gospel verbally or by handing out a tract

*“We must school and train ourselves to deal personally with the unconverted. We must not excuse ourselves, but force ourselves to the irksome task until it becomes easy.”*  
- Charles Spurgeon

## July

(7/1) ☐ Psalms 32-35

(7/4) ☐ Psalms 45-48

(7/7) ☐ Psalms 58-61

(7/2) ☐ Psalms 36-40

(7/5) ☐ Psalms 49-53

(7/3) ☐ Psalms 41-44

(7/6) ☐ Psalms 54-57

7/7-7/8 – Weekly check-in call ☐

**Memorize:** Philippians 3:8-9

“Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For His sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ and be found in Him, not having a righteousness of my own...”

## July Boot Camp - Saturday, July 11th, 8 am - 12 pm

(7/8) ☐ Psalms 62-65

(7/11) ☐ Psalms 74-77

(7/14) ☐ Psalms 87-90

(7/9) ☐ Psalms 66-69

(7/12) ☐ Psalms 78-81

(7/10) ☐ Psalms 70-73

(7/13) ☐ Psalms 82-86

7/14-7/15 – Weekly check-in call ☐

(7/15) ☐ Psalms 91-94

(7/18) ☐ Psalms 103-106

(7/21) ☐ Psalms 115-118

(7/16) ☐ Psalms 95-98

(7/19) ☐ Psalms 107-110

(7/17) ☐ Psalms 99-102

(7/20) ☐ Psalms 111-114

7/21-7/22 – Weekly check-in call ☐

**Memorize:** Colossians 1:13-14

“He has delivered us from the domain of darkness and transferred us to the Kingdom of His beloved Son, in whom we have redemption, the forgiveness of sin.”

(7/22) ☐ Psalms 119

(7/25) ☐ Psalms 128-131

(7/28) ☐ Psalms 140-143

(7/23) ☐ Psalms 120-123

(7/26) ☐ Psalms 132-135

(7/24) ☐ Psalms 124-127

(7/27) ☐ Psalms 136-139

7/28-7/29 – Weekly check-in call ☐

(7/29) ☐ Psalms 144-147

(7/30) ☐ Psalms 148-150

(7/31) ☐ Proverbs 1-4

### Memorize the Books of the Bible in Order:

Obadiah

Jonah

Micah

Nahum

Habakkuk

Zephaniah

☐ Shared the Gospel verbally or by handing out a tract

*“Let eloquence be flung to the dogs rather than souls be lost. What we want is to win souls.*

*They are not won by flowery speeches.”  
- Charles Spurgeon*

## August

(8/1) ☐ Proverbs 5-8

(8/2) ☐ Proverbs 9-12

(8/3) ☐ Proverbs 13-16

(8/4) ☐ Proverbs 17-20

(8/5) ☐ Proverbs 21-24

8/4-8/5 – Weekly check-in call ☐

**Memorize:** 1 Thessalonians 5:23

“Now may the God of peace Himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ.”

(8/6) ☐ Proverbs 25-28

(8/7) ☐ Proverbs 29-31

(8/8) ☐ Ecclesiastes 1-4

(8/9) ☐ Ecclesiastes 5-8

(8/10) ☐ Ecclesiastes 9-12

(8/11) ☐ Song of Sol. 1-4

(8/12) ☐ Song of Sol. 5-8

8/11-8/12 – Weekly check-in call ☐

(8/13) ☐ Isaiah 1-4

(8/14) ☐ Isaiah 5-8

(8/15) ☐ Isaiah 9-12

(8/16) ☐ Isaiah 13-16

(8/17) ☐ Isaiah 17-20

(8/18) ☐ Isaiah 21-24

(8/19) ☐ Isaiah 25-28

8/18-8/19 – Weekly check-in call ☐

**Memorize:** 2 Thessalonians 1:7

“and to grant relief to you who are afflicted as well to us, when the Lord Jesus is revealed from heaven with His mighty angels.”

(8/20) ☐ Isaiah 29-32

(8/21) ☐ Isaiah 33-36

(8/22) ☐ Isaiah 37-40

(8/23) ☐ Isaiah 41-44

(8/24) ☐ Isaiah 45-48

(8/25) ☐ Isaiah 49-52

(8/26) ☐ Isaiah 53-56

8/25-8/26 – Weekly check-in call ☐

(8/27) ☐ Isaiah 57-60

(8/28) ☐ Isaiah 61-64

(8/29) ☐ Isaiah 65 - Jeremiah 2

(8/30) ☐ Jeremiah 3-6

### **Memorize the Books of the Bible in Order:**

Haggai

Zechariah

Malachi

Matthew

Mark

Luke

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“I trust that you will find no rest for your feet till you have been the means of leading many to that blessed Savior who is your confidence and hope.”*  
- Charles Spurgeon

# September

(9/1) ☐ Jeremiah 7-10

(9/2) ☐ Jeremiah 11-14

9/1-9/2 – Weekly check-in call ☐

**Memorize:** 1 Timothy 6:7

“for we brought nothing into the world, and we cannot take anything out of the world.”

(9/3) ☐ Jeremiah 15-18

(9/4) ☐ Jeremiah 19-22

(9/5) ☐ Jeremiah 23-26

(9/6) ☐ Jeremiah 27-30

(9/7) ☐ Jeremiah 31-34

(9/8) ☐ Jeremiah 35-38

(9/9) ☐ Jeremiah 39-42

9/8-9/9 – Weekly check-in call ☐

(9/10) ☐ Jeremiah 43-46

(9/11) ☐ Jeremiah 47-50

(9/12) ☐ Jeremiah 51 - Lam. 2

(9/13) ☐ Lamentations 3-5

(9/14) ☐ Ezekiel 1-4

(9/15) ☐ Ezekiel 5-8

(9/16) ☐ Ezekiel 9-12

9/15-9/16 – Weekly check-in call ☐

**Memorize:** 2 Timothy 3:16

“All scripture is God breathed and profitable for teaching, for reproof, for correction and for training in righteousness.”

(9/17) ☐ Ezekiel 13-16

(9/18) ☐ Ezekiel 17-20

(9/19) ☐ Ezekiel 21-24

(9/20) ☐ Ezekiel 25-28

(9/21) ☐ Ezekiel 29-32

(9/22) ☐ Ezekiel 33-36

(9/23) ☐ Ezekiel 37-40

9/22-9/23 – Weekly check-in call ☐

(9/24) ☐ Ezekiel 41-44

(9/25) ☐ Ezekiel 45-48

(9/26) ☐ Daniel 1-4

(9/27) ☐ Daniel 5-8

(9/28) ☐ Daniel 9-12

(9/29) ☐ Hosea 1-4

(9/30) ☐ Hosea 5-8

6/30-7/1 - Weekly check-in call ☐

## Memorize the Books of the Bible in Order:

John

Acts

Romans

1 Corinthians

2 Corinthians

Galatians

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“If you are saved, the work  
is only half done until you  
are employed to bring  
others to Christ.”  
- Charles Spurgeon*

## October - begin to pray for 1-hour each day starting this month

(10/1) ☐ Hosea 5-8

(10/2) ☐ Hosea 9-12

(10/3) ☐ Hosea 13 - Joel 2

(10/4) ☐ Joel 3 - Amos 3

(10/5) ☐ Amos 4-8

(10/6) ☐ Amos 9 - Jonah 2

(10/7) ☐ Jonah 3 - Micah 2

10/6-10/7 – Weekly check-in call ☐

**Memorize:** Philemon 6

“and I pray that the sharing of your faith may become effective for the full knowledge of every good thing that is in us for the sake of Christ.”

## OCTOBER BOOT CAMP - SATURDAY, OCTOBER 3rd, 8 am - 12 pm

(10/8) ☐ Micah 3-6

(10/9) ☐ Micah 7 - Nahum 3

(10/10) ☐ Habakkuk 1 - Zeph. 1

(10/11) ☐ Zephaniah 2 - Haggai 2

(10/12) ☐ Zechariah 1-4

(10/13) ☐ Zechariah 5-8

(10/14) ☐ Zechariah 9-12

10/14-10/15 – Weekly check-in call ☐

(10/15) ☐ Zech 13 - Malachi 2

(10/16) ☐ Mal. 3 - Matthew 2

(10/17) ☐ Matthew 3-6

(10/18) ☐ Matthew 7-10

(10/19) ☐ Matthew 11-14

(10/20) ☐ Matthew 15-18

(10/21) ☐ Matthew 19-22

10/20-10/21 – Weekly check-in call ☐

**Memorize:** Titus 3:5

“He saved us, not because of works done by us in righteousness, but according to His own mercy by washing of regeneration and renewel of the Holy Spirit.”

(10/22) ☐ Matthew 23-26

(10/23) ☐ Matthew 27 - Mark 2

(10/24) ☐ Mark 3-6

(10/25) ☐ Mark 7-10

(10/26) ☐ Mark 11-14

(10/27) ☐ Mark 15 - Luke 2

(10/28) ☐ Luke 3-6

10/28-10/29 – Weekly check-in call ☐

(10/29) ☐ Luke 7-10

(10/30) ☐ Luke 11-14

(10/31) ☐ Luke 15-18

### Memorize the Books of the Bible in Order:

Ephesians

Philippians

Colossians

1 Thessalonians

2 Thessalonians

1 Timothy

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“Preaching the Gospel is to us a matter of life and death; we throw our whole soul into it.”  
- Charles Spurgeon*

# November

(11/1) ☐ Luke 19-22

(11/2) ☐ Luke 23 - John 2

(11/3) ☐ John 3-6

(11/4) ☐ John 7-10

11/3-11/4 – Weekly check-in call ☐

**Memorize:** James 4:7

“Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

(11/5) ☐ John 11-14

(11/6) ☐ John 15-18

(11/7) ☐ John 19 - Acts 1

(11/8) ☐ Acts 2-5

(11/9) ☐ Acts 6-9

(11/10) ☐ Acts 10-13

(11/11) ☐ Acts 14-17

3/10-3/11 – Weekly check-in call ☐

(11/12) ☐ Acts 18-21

(11/13) ☐ Acts 22-25

(11/14) ☐ Acts 26 - Romans 1

(11/15) ☐ Romans 2-5

(11/16) ☐ Romans 6-9

(11/17) ☐ Romans 10-13

(11/18) ☐ Romans 14 - 1 Cor. 1

11/17-11/18 – Weekly check-in call ☐

**Memorize:** Hebrews 4:12

“For the Word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart.”

(11/19) ☐ 1 Corinthians 2-5

(11/20) ☐ 1 Corinthians 6-9

(11/21) ☐ 1 Corinthians 10-13

(11/22) ☐ 1 Corinthians 14-16

(11/23) ☐ 2 Corinthians 1-4

(11/24) ☐ 2 Corinthians 5-8

(11/25) ☐ 2 Corinthians 9-12

11/24-11/25 – Weekly check-in call ☐

(11/26) ☐ 2 Cor. 13 - Galatians 3

(11/27) ☐ Galatians 4-6

(11/28) ☐ Ephesians 1-4

(11/29) ☐ Ephesians 5-6

(11/30) ☐ Philippians 1-4

3/31-4/1 Weekly check-in call ☐

## **Memorize the Books of the Bible in Order:**

2 Timothy

Titus

Philemon

Hebrews

James

1 Peter

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“Brethren, do something!*

*Do something!*

*Do something!”*

*- Charles Spurgeon*



# December

(12/1) ☐ Colossians 1-4

(12/2) ☐ 1 Thessalonians 1-4

12/1-12/2 – Weekly check-in call ☐

**Memorize:** 1 Peter 5:8

“Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you.”

(12/3) ☐ 1 Thess. 5 - 2 Thess. 3

(12/4) ☐ 1 Timothy 1-3

(12/5) ☐ 1 Timothy 4-6

(12/6) ☐ 2 Timothy 1-4

(12/7) ☐ Titus 1-3

(12/8) ☐ Philemon - Heb. 2

(12/9) ☐ Hebrews 3-5

12/8-12/9 – Weekly check-in call ☐

(12/10) ☐ Hebrews 6-9

(12/11) ☐ Hebrews 10-13

(12/12) ☐ James 1-3

(12/13) ☐ James 4-5

(12/14) ☐ 1 Peter 1-3

(12/15) ☐ 1 Peter 4-5

(12/16) ☐ 2 Peter 1-3

12/15-12/16 – Weekly check-in call ☐

**Memorize:** 2 Peter 1:3

“His divine power has granted to us all things that pertain to life and godliness, through the knowledge of Him who called us to His own glory and excellence.”

(12/17) ☐ 1 John 1-3

(12/18) ☐ 1 John 4-5

(12/19) ☐ 2 John - Jude

(12/20) ☐ Revelation 1-2

(12/21) ☐ Revelation 3-4

(12/22) ☐ Revelation 5-6

(12/23) ☐ Revelation 7-8

12/22-12/23 – Weekly check-in call ☐

(12/24) ☐ Revelation 9-10

(12/25) ☐ Revelation 11-12

(12/26) ☐ Revelation 13-14

(12/27) ☐ Revelation 15-16

(12/28) ☐ Revelation 19

(12/29) ☐ Revelation 20

(12/30) ☐ Revelation 21

(12/31) ☐ Revelation 22

12/29-12/30 - Weekly check-in call ☐

## Memorize the Books of the Bible in Order:

2 Peter

1 John

2 John

3 John

Jude

Revelation

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“Too many think lightly of sin,  
and therefore think lightly  
of the Savior.”  
- Ray Comfort*

## January 2010

This month, go back and re-read chapters or passages that you need to back and give more prayerful attention to. Be sure to record each day what you read.

(1/1) ☐

(1/2) ☐

(1/3) ☐

(1/4) ☐

(1/5) ☐

(1/6) ☐

1/5-1/6 – Weekly check-in call ☐

**Memorize:** 1 John 2:15

“Don not love the world or the things in the world. If anyone loves the world, the love of the Father is not in Him.”

## JANUARY BOOT CAMP - SATURDAY, JANUARY 2nd, 8 am - 12 pm

(1/7) ☐

(1/8) ☐

(1/9) ☐

(1/10) ☐

(1/11) ☐

(1/12) ☐

(1/13) ☐

1/12-1/13 – Weekly check-in call ☐

(1/14) ☐

(1/15) ☐

(1/16) ☐

(1/17) ☐

(1/18) ☐

(1/19) ☐

(1/20) ☐

1/19-1/20 – Weekly check-in call ☐

**Memorize:** Revelation 22:12

“Behold, I am coming soon, bringing my recompense with me to repay everyone for what he has done.”

(1/21) ☐

(1/22) ☐

(1/23) ☐

(1/24) ☐

(1/25) ☐

(1/26) ☐

(1/27) ☐

1/26-1/27 – Weekly check-in call ☐

(1/28) ☐

(1/29) ☐

(1/30) ☐

(1/31) ☐

### Memorize the Books of the Bible in Order:

Review all in order

☐ Shared the Gospel verbally or by handing out a tract

☐ Shared the Gospel verbally or by handing out a tract

*“Some of our churches are so dead, the only thing keeping many awake is the sound of snoring.”*  
*- Ray Comfort*

## 30-Minute Prayer Guide

February – May

Please use this as a tool – pray as God leads you. Let this simply be a springboard into your time with God.

“Our Father in heaven” (5 minutes)

- Thank the Lord for your salvation – the forgiveness of sins (Psalm 103:12)
- Thank Him for the assurance of heaven (1 John 5:13)
- Thank Him that you are His child through the blood of Jesus (John 1:12)
- Thank Him for all the ways He has blessed you (Ephesians 1:3)

“hallowed be Your name” (3 minutes)

- Worship God for who He is
  - holy (Revelation 4:8)
  - righteous (Romans 2:5)
  - just (Revelation 15:3)
  - loving (1 John 4:8)

“Your Kingdom come” (2 minutes)

- Pray for the return of Jesus (Revelation 22:20)
- Pray for a heart that longs to see Him face to face (Philippians 3:20)

“Your will be done, on earth as it is in heaven” (5 minutes)

- Pray for God’s will in your life and your family
- Pray for God’s will in your church
- Pray for God’s will in your service to Him
- Pray for a revival in your city

“Give us this day our daily bread” (5 minutes)

- Pray for the needs in your life and in the lives of those around you (1 Peter 5:7)

“and forgive us our debts” (5 minutes)

- Let God search your heart and confess all known sin to Him (Psalm 139:23)

“as we also have forgiven our debtors” (2 minutes)

- Examine your heart – is there any bitterness or unforgiveness? (Hebrews 12:15)

“And lead us not into temptation, but deliver us from evil.” (3 minutes)

- Pray about your areas of temptation, acknowledge you have the power in Christ to have victory. Ask God to show you what steps you need to take to avoid the temptation. (Romans 6:13, Romans 13:14)

# 45-Minute Prayer Guide

June - September

Please use this as a tool – pray as God leads you. Let this simply be a springboard into your time with God.

“Our Father in heaven” (6 minutes)

- Thank the Lord for your salvation – the forgiveness of sins (Psalm 103:12)
- Thank Him for the assurance of heaven (1 John 5:13)
- Thank Him that you are His child through the blood of Jesus (John 1:12)
- Thank Him for all the ways He has blessed you (Ephesians 1:3)

“hallowed be Your name” (5 minutes)

- Worship God for who He is
  - holy (Revelation 4:8)
  - righteous (Romans 2:5)
  - just (Revelation 15:3)
  - loving (1 John 4:8)

“Your Kingdom come” (5 minutes)

- Pray for the return of Jesus (Revelation 22:20)
- Pray for a heart that longs to see Him face to face (Philippians 3:20)

“Your will be done, on earth as it is in heaven” (6 minutes)

- Pray for God’s will in your life and your family
- Pray for God’s will in your church
- Pray for God’s will in your service to Him
- Pray for a revival in your city
- Pray for revival in our nation (revived churches, sinners repenting)
- Pray for the salvation of the lost
- Pray for missionaries around the world

“Give us this day our daily bread” (8 minutes)

- Pray for the needs in your life and in the lives of those around you (1 Peter 5:7)

“and forgive us our debts” (7 minutes)

- Let God search your heart and confess all known sin to Him (Psalm 139:23)
  - lust                      -lying                      -pride                      -anger                      -jealousy
  - impatience                      -laziness

“as we also have forgiven our debtors” (3 minutes)

- Examine your heart – is there any bitterness or unforgiveness? (Hebrews 12:15)
  - co-worker who wronged you?
  - spouse hurt you?
  - friend let you down?

“And lead us not into temptation, but deliver us from evil.” (5 minutes)

- Pray about your areas of temptation, acknowledge you have the power in Christ to have victory. Ask God to show you what steps you need to take to avoid the temptation. (Romans 6:13, Romans 13:14)

# 60-Minute Prayer Guide

October - January

Please use this as a tool – pray as God leads you. Let this simply be a springboard into your time with God.

“Our Father in heaven” (8 minutes)

- Thank the Lord for your salvation – the forgiveness of sins (Psalm 103:12)
- Thank Him for the assurance of heaven (1 John 5:13)
- Thank Him that you are His child through the blood of Jesus (John 1:12)
- Thank Him for all the ways He has blessed you (Ephesians 1:3)

“hallowed be Your name” (7 minutes)

- Worship God for who He is
  - holy (Revelation 4:8)
  - righteous (Romans 2:5)
  - just (Revelation 15:3)
  - loving (1 John 4:8)

“Your Kingdom come” (5 minutes)

- Pray for the return of Jesus (Revelation 22:20)
- Pray for a heart that longs to see Him face to face (Philippians 3:20)

“Your will be done, on earth as it is in heaven” (10 minutes)

- Pray for God’s will in your life and your family
- Pray for God’s will in your church
- Pray for God’s will in your service to Him
- Pray for a revival in your city
- Pray for revival in our nation (revived churches, sinners repenting)
- Pray for the salvation of the lost
- Pray for missionaries around the world

“Give us this day our daily bread” (12 minutes)

- Pray for the needs in your life and in the lives of those around you (1 Peter 5:7)

“and forgive us our debts” (10 minutes)

- Let God search your heart and confess all known sin to Him (Psalm 139:23)
  - lust                      -lying                      -pride                      -anger                      -jealousy
  - impatience              -laziness                      -selfishness              -gossip -apathy

“as we also have forgiven our debtors” (3 minutes)

- Examine your heart – is there any bitterness or unforgiveness? (Hebrews 12:15)
  - co-worker who wronged you?
  - spouse hurt you?
  - friend let you down?

“And lead us not into temptation, but deliver us from evil.” (5 minutes)

- Pray about your areas of temptation, acknowledge you have the power in Christ to have victory. Ask God to show you what steps you need to take to avoid the temptation. (Romans 6:13, Romans 13:14)

## When sorrow comes - John 14

I Am the Way, and the Truth, and the Life

14:1 "Let not your hearts be troubled. Believe in God; believe also in me. 2 In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. 4 And you know the way to where I am going." 5 Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" 6 Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me. 7 If you had known me, you would have known my Father also. From now on you do know him and have seen him."

8 Philip said to him, "Lord, show us the Father, and it is enough for us." 9 Jesus said to him, "Have I been with you so long, and you still do not know me, Philip? Whoever has seen me has seen the Father. How can you say, 'Show us the Father'? 10 Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works. 11 Believe me that I am in the Father and the Father is in me, or else believe on account of the works themselves.

12 "Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father. 13 Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. 14 If you ask me anything in my name, I will do it.

Jesus Promises the Holy Spirit

15 "If you love me, you will keep my commandments. 16 And I will ask the Father, and he will give you another Helper, to be with you forever, 17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.

18 "I will not leave you as orphans; I will come to you. 19 Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. 20 In that day you will know that I am in my Father, and you in me, and I in you. 21 Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him." 22 Judas (not Iscariot) said to him, "Lord, how is it that you will manifest yourself to us, and not to the world?" 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him. 24 Whoever does not love me does not keep my words. And the word that you hear is not mine but the Father's who sent me.

25 "These things I have spoken to you while I am still with you. 26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. 27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. 28 You heard me say to you, 'I am going away, and I will come to you.' If you loved me, you would have rejoiced, because I am going to the Father, for the Father is greater than I. 29 And now I have told you before it takes place, so that when it does take place you may believe. 30 I will no longer talk much with you, for the ruler of this world is coming. He has no claim on me, 31 but I do as the Father has commanded me, so that the world may know that I love the Father. Rise, let us go from here.

## **When you need encouragement through the battle - Psalm 27**

The Lord Is My Light and My Salvation  
Of David.

27:1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

2 When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall.

3 Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.

4 One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to inquire in his temple.

5 For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock.

6 And now my head shall be lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the Lord.

7 Hear, O Lord, when I cry aloud; be gracious to me and answer me!

8 You have said, "Seek my face." My heart says to you, "Your face, Lord, do I seek."

9 Hide not your face from me. Turn not your servant away in anger, O you who have been my help. Cast me not off; forsake me not, O God of my salvation!

10 For my father and my mother have forsaken me, but the Lord will take me in.

11 Teach me your way, O Lord, and lead me on a level path because of my enemies.

12 Give me not up to the will of my adversaries; for false witnesses have risen against me, and they breathe out violence.

13 I believe that I shall look upon the goodness of the Lord in the land of the living!

14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!

## **A cry to God when you have sinned - Psalm 51**

Create in Me a Clean Heart, O God  
To the choirmaster. A Psalm of David, when Nathan the prophet went to him, after he had gone in to Bathsheba.

51:1 Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.  
2 Wash me thoroughly from my iniquity,  
and cleanse me from my sin!

3 For I know my transgressions,  
and my sin is ever before me.  
4 Against you, you only, have I sinned  
and done what is evil in your sight,  
so that you may be justified in your words  
and blameless in your judgment.  
5 Behold, I was brought forth in iniquity,  
and in sin did my mother conceive me.  
6 Behold, you delight in truth in the inward being,  
and you teach me wisdom in the secret heart.

7 Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.  
8 Let me hear joy and gladness;  
let the bones that you have broken rejoice.  
9 Hide your face from my sins,  
and blot out all my iniquities.  
10 Create in me a clean heart, O God,  
and renew a right spirit within me.  
11 Cast me not away from your presence,  
and take not your Holy Spirit from me.  
12 Restore to me the joy of your salvation,  
and uphold me with a willing spirit.

13 Then I will teach transgressors your ways,  
and sinners will return to you.  
14 Deliver me from bloodguiltiness, O God,  
O God of my salvation,  
and my tongue will sing aloud of your righteousness.  
15 O Lord, open my lips,  
and my mouth will declare your praise.  
16 For you will not delight in sacrifice, or I would give it;  
you will not be pleased with a burnt offering.  
17 The sacrifices of God are a broken spirit;  
a broken and contrite heart, O God, you will not despise.

18 Do good to Zion in your good pleasure;  
build up the walls of Jerusalem;  
19 then will you delight in right sacrifices,  
in burnt offerings and whole burnt offerings;  
then bulls will be offered on your altar.



## Remember God is always near - Psalm 139

Search Me, O God, and Know My Heart  
To the choirmaster. A Psalm of David.

139:1 O Lord, you have searched me and known me!  
2 You know when I sit down and when I rise up; you discern my thoughts from afar.  
3 You search out my path and my lying down and are acquainted with all my ways.  
4 Even before a word is on my tongue, behold, O Lord, you know it altogether.  
5 You hem me in, behind and before, and lay your hand upon me. 6 Such knowledge is too wonderful for me; it is high; I cannot attain it.

7 Where shall I go from your Spirit? Or where shall I flee from your presence?  
8 If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!  
9 If I take the wings of the morning and dwell in the uttermost parts of the sea,  
10 even there your hand shall lead me, and your right hand shall hold me.  
11 If I say, "Surely the darkness shall cover me, and the light about me be night,"  
12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

13 For you formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.  
15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.  
16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

17 How precious to me are your thoughts, O God! How vast is the sum of them!  
18 If I would count them, they are more than the sand. I awake, and I am still with you.

19 Oh that you would slay the wicked, O God! O men of blood, depart from me!  
20 They speak against you with malicious intent; your enemies take your name in vain!  
21 Do I not hate those who hate you, O Lord? And do I not loathe those who rise up against you?  
22 I hate them with complete hatred; I count them my enemies.

23 Search me, O God, and know my heart! Try me and know my thoughts!  
24 And see if there be any grievous way in me, and lead me in the way everlasting!

## When you need encouragement to share the Gospel - John 15

### I Am the True Vine

15:1 “I am the true vine, and my Father is the vinedresser. 2 Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. 3 Already you are clean because of the word that I have spoken to you. 4 Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. 5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. 6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. 7 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. 8 By this my Father is glorified, that you bear much fruit and so prove to be my disciples. 9 As the Father has loved me, so have I loved you. Abide in my love. 10 If you keep my commandments, you will abide in my love, just as I have kept my Father’s commandments and abide in his love. 11 These things I have spoken to you, that my joy may be in you, and that your joy may be full.

12 “This is my commandment, that you love one another as I have loved you. 13 Greater love has no one than this, that someone lay down his life for his friends. 14 You are my friends if you do what I command you. 15 No longer do I call you servants, [1] for the servant [2] does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. 16 You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you. 17 These things I command you, so that you will love one another.

### The Hatred of the World

18 “If the world hates you, know that it has hated me before it hated you. 19 If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. 20 Remember the word that I said to you: ‘A servant is not greater than his master.’ If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours. 21 But all these things they will do to you on account of my name, because they do not know him who sent me. 22 If I had not come and spoken to them, they would not have been guilty of sin, [3] but now they have no excuse for their sin. 23 Whoever hates me hates my Father also. 24 If I had not done among them the works that no one else did, they would not be guilty of sin, but now they have seen and hated both me and my Father. 25 But the word that is written in their Law must be fulfilled: ‘They hated me without a cause.’

26 “But when the Helper comes, whom I will send to you from the Father, the Spirit of truth, who proceeds from the Father, he will bear witness about me. 27 And you also will bear witness, because you have been with me from the beginning.

## - Psalm 34

Taste and See That the Lord Is Good

[1] Of David, when he changed his behavior before Abimelech, so that he drove him out, and he went away.

34:1 I will bless the Lord at all times;  
his praise shall continually be in my mouth.

2 My soul makes its boast in the Lord;  
let the humble hear and be glad.

3 Oh, magnify the Lord with me,  
and let us exalt his name together!

4 I sought the Lord, and he answered me  
and delivered me from all my fears.

5 Those who look to him are radiant,  
and their faces shall never be ashamed.

6 This poor man cried, and the Lord heard him  
and saved him out of all his troubles.

7 The angel of the Lord encamps  
around those who fear him, and delivers them.

8 Oh, taste and see that the Lord is good!  
Blessed is the man who takes refuge in him!

9 Oh, fear the Lord, you his saints,  
for those who fear him have no lack!

10 The young lions suffer want and hunger;  
but those who seek the Lord lack no good thing.

11 Come, O children, listen to me;  
I will teach you the fear of the Lord.

12 What man is there who desires life  
and loves many days, that he may see good?

13 Keep your tongue from evil  
and your lips from speaking deceit.

14 Turn away from evil and do good;  
seek peace and pursue it.

15 The eyes of the Lord are toward the righteous  
and his ears toward their cry.

16 The face of the Lord is against those who do evil,  
to cut off the memory of them from the earth.

17 When the righteous cry for help, the Lord hears  
and delivers them out of all their troubles.

18 The Lord is near to the brokenhearted  
and saves the crushed in spirit.

19 Many are the afflictions of the righteous,  
but the Lord delivers him out of them all.

20 He keeps all his bones;  
not one of them is broken.

21 Affliction will slay the wicked,  
and those who hate the righteous will be condemned.

22 The Lord redeems the life of his servants;  
none of those who take refuge in him will be condemned.

## **If you're worrying about something - Matthew 6:19-34**

### **Lay Up Treasures in Heaven**

19 "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, 20 but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. 21 For where your treasure is, there your heart will be also.

22 "The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, 23 but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

24 "No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

### **Do Not Be Anxious**

25 "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? 27 And which of you by being anxious can add a single hour to his span of life? 28 And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, 29 yet I tell you, even Solomon in all his glory was not arrayed like one of these. 30 But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? 31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. 33 But seek first the kingdom of God and his righteousness, and all these things will be added to you.

34 "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

## **If you feel alone - Psalm 139**

Search Me, O God, and Know My Heart  
To the choirmaster. A Psalm of David.

139:1 O Lord, you have searched me and known me!  
2 You know when I sit down and when I rise up; you discern my thoughts from afar.  
3 You search out my path and my lying down and are acquainted with all my ways.  
4 Even before a word is on my tongue, behold, O Lord, you know it altogether.  
5 You hem me in, behind and before, and lay your hand upon me. 6 Such knowledge is too wonderful for me; it is high; I cannot attain it.

7 Where shall I go from your Spirit? Or where shall I flee from your presence?  
8 If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!  
9 If I take the wings of the morning and dwell in the uttermost parts of the sea,  
10 even there your hand shall lead me, and your right hand shall hold me.  
11 If I say, "Surely the darkness shall cover me, and the light about me be night,"  
12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

13 For you formed my inward parts; you knitted me together in my mother's womb. 14 I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.  
15 My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.  
16 Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

17 How precious to me are your thoughts, O God! How vast is the sum of them!  
18 If I would count them, they are more than the sand. I awake, and I am still with you.

19 Oh that you would slay the wicked, O God! O men of blood, depart from me!  
20 They speak against you with malicious intent; your enemies take your name in vain!  
21 Do I not hate those who hate you, O Lord? And do I not loathe those who rise up against you?  
22 I hate them with complete hatred; I count them my enemies.

23 Search me, O God, and know my heart! Try me and know my thoughts!  
24 And see if there be any grievous way in me, and lead me in the way everlasting!

# Keeping fellowship with Jesus

## 1 John 1:5-10

### Walking in the Light

5 This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. 6 If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. 8 If we say we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 10 If we say we have not sinned, we make him a liar, and his word is not in us.

## 1 John 2:15-17

### Do Not Love the World

15 Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world—the desires of the flesh and the desires of the eyes and pride in possessions—is not from the Father but is from the world. 17 And the world is passing away along with its desires, but whoever does the will of God abides forever.

## 1 John 3:4-10

4 Everyone who makes a practice of sinning also practices lawlessness; sin is lawlessness. 5 You know that he appeared to take away sins, and in him there is no sin. 6 No one who abides in him keeps on sinning; no one who keeps on sinning has either seen him or known him. 7 Little children, let no one deceive you. Whoever practices righteousness is righteous, as he is righteous. 8 Whoever makes a practice of sinning is of the devil, for the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the works of the devil. 9 No one born of God makes a practice of sinning, for God's seed abides in him, and he cannot keep on sinning because he has been born of God. 10 By this it is evident who are the children of God, and who are the children of the devil: whoever does not practice righteousness is not of God, nor is the one who does not love his brother.

# **Praise the Lord! - Psalm 150**

## **Let Everything Praise the Lord**

**150:1 Praise the Lord!**

**Praise God in his sanctuary;  
praise him in his mighty heavens!**

**2 Praise him for his mighty deeds;  
praise him according to his excellent greatness!**

**3 Praise him with trumpet sound;  
praise him with lute and harp!**

**4 Praise him with tambourine and dance;  
praise him with strings and pipe!**

**5 Praise him with sounding cymbals;  
praise him with loud clashing cymbals!**

**6 Let everything that has breath praise the Lord!  
Praise the Lord!**